



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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For Immediate Release
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Contact:
Joy Koch
Parkview Huntington Family YMCA
260-359-9622
joy.koch@huntingtony.org

Parkview Huntington Family YMCA Invites Families to Participate in Free Healthy Kids Day on April 12

Event includes popular Underwater Easter Egg Hunt

Huntington, IN. —On Saturday, April 12 from 10:00am to 1:00pm, the Parkview Huntington Family YMCA is holding a free community event to inspire more kids to keep their minds *and* bodies active at the annual YMCA's Healthy Kids Day. Healthy Kids Day is the Y's national initiative to improve health and well-being for kids and families. This spring, Healthy Kids Day will be celebrated at over 1,500 Ys across the country by over one million participants and works to get more kids moving and learning.

The Huntington-community event features free family-friendly activities, obstacle course, balloon pit, games, sports activities, demonstrations, arts and crafts and snacks in the Y's gym to motivate and teach families how to develop and maintain healthy routines at home throughout the summer months. Huntington area agencies and businesses will be on-hand to provide these kid-friendly activities in addition to resources about services provided within our community.

"When a child is healthy, happy, and supported they can make great things happen," says Jody Alsman, YMCA Wellness Director. "We believe in the potential of all children, and we strive to help kids find that potential within themselves. Healthy Kids Day is a great opportunity to educate families and motivate kids to stay active."

The day also features our Underwater Easter Egg Hunt with start times of 10:45am or 12:45pm. Participation in the Underwater Egg Hunt requires an additional cost and registration times are based on child's swim level. Registration for the egg hunt is needed prior to the event. Please visit the front desk or call the YMCA to register for the egg hunt at (260) 359-9622 prior to April 7, 2025.

The Parkview Huntington Family YMCA's Healthy Kids Day takes place at their facility located at 1160 W 500 N, Huntington.

Visit the Parkview Huntington Family YMCA website www.huntingtony.org for more information about our YMCA youth programs or contact Jody Alsman at 260-359-9622 for details about Healthy Kids Day events.

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